



JUNEAU DESTINATION GUIDE

OVERVIEW

Introduction

Juneau, Alaska, enjoys a majestic setting in a narrow fjord with Mount Juneau and Mount Roberts towering above it. To the east is the vast expanse of glacial ice known as the Juneau Icefield, and to the west are the wilderness islands of the Inside Passage.

Because of the natural beauty that surrounds the city—as well as its gold-rush-era buildings and many shops—this state capital is a popular tourist destination. In fact, Juneau is visited by more cruise ships than any other port in Alaska.



Sights—Mendenhall Glacier, Nugget Falls and the visitors center; the view of Juneau from the top of Mount Roberts Tramway; a flight over the Juneau Icefield; a floatplane excursion past glaciers; bears at Pack Creek Brown Bear Preserve on Admiralty Island; whale-watching; seeing the glacier calve at Tracy Arm Fjord.

Museums—Relics from gold-rush days at the Juneau-Douglas City Museum; maps of the mine tunnels and gold-mining equipment at the Last Chance Mining Museum.

Memorable Meals—An authentic salmon feast at Gold Creek Salmon Bake or at the Taku Glacier Lodge Flight and Feast; king crab legs and rich crab bisque at Tracy's King Crab Shack; barbecued king-salmon burgers at Twisted Fish Co. Alaskan Grill.

Late Night—Live local music at the Alaskan Hotel & Bar; views of the water and floatplanes at Hangar on the Wharf; an old-timey sing-along at the Red Dog Saloon; The Island Pub in Douglas.

Walks—Exploring Mendenhall Glacier trails; following the miners' path up Perseverance Trail; exploring the Douglas Treadwell Mine ruins near Sandy Beach in Savikko Park; hiking along the alpine trails at the top of the Mount Roberts Tramway; exploring historic downtown Juneau from the docks to South Franklin Street and up the hill past St. Nicholas Russian Orthodox church.

Especially for Kids—Sitting in a child-sized eagle nest at the Mount Robert's Nature Center, accessed by the Mount Rogers tramway; playing in the colorful maze and play-structure at Twin Lakes Park; participating in a Junior Ranger program at the Mendenhall Glacier Visitor Center; touching tide pool creatures at the Macaulay Salmon Hatchery; dogsledding on a glacier; spotting seals sleeping on icebergs in Tracy Arm Fjord.

Downtown Juneau hugs Gastineau Channel, where cruise ships dock. Juneau also includes Douglas, across the channel on Douglas Island; Thane; the Lemon Creek area; Mendenhall Valley; Mendenhall Glacier; Auke Bay; and what locals call "out the road."

The downtown historic district, encompassing a few blocks, is the lively center of the city. Egan Drive, also known as Thane Road and Glacier Highway, runs along the water, and Franklin, Seward and Main streets comprise the downtown shopping districts with restaurants, bars and hotels.

City and state buildings, museums and churches are within walking distance from the docks. South Franklin, Willoughby and Main streets, originally built along the shoreline, are flat, but the sidewalks by some streets continue as staircases, testimony

to why Juneau is nicknamed the "Little San Francisco of the North."

Prior to the discovery of gold in Juneau in 1880, the largest Alaska Native settlement in the area was Auk Village near Auke Bay. Juneau, called Dzantik'i Heeni by the Tlingits (meaning "where the flatfish gather") was a fish camp and summer home. People didn't live there year-round because of the horrendous frigid Taku winds barreling down the mountain passes from the Juneau Icefield.

In 1880, Chief Cowee from the Auk Tribe led pioneers Joe Juneau and Richard Harris to a gold deposit, which started the famed Alaska gold rush. Hard-rock mining at the Alaska-Juneau mine in Juneau and the Treadwell mine in Douglas quickly replaced placer mining—gold panning—and became the most important industry in Juneau. (These two world-class mines, largest of their kind at the time, operated until a cave-in and flood at the Treadwell in 1917 and a worker shortage during World War II at the Alaska-Juneau. Juneau's streets along Egan Drive and parts of South Franklin are built with gold tailings, the leftover dirt from mining.)

In 1906, Juneau was named the capital of Alaska, still a U.S. territory at the time. It officially became the state capital on 3 January 1959, when Alaska achieved statehood. Southeast Alaska grew and prospered with its fishing, mining and logging industries.

The Tlingit culture retains a strong influence on the economy and arts, and some natives continue to practice a traditional way of life in outlying villages. As a tourist mecca, Juneau is one of the most-visited cities in Alaska, especially during the summer months.

Location

Cruise ships dock at one of six berths along the waterfront from the city center to the southeast. To aid tourists, the ship berths are labeled A-F.

The Seadrome Dock and Intermediate Vessel Float handle smaller boats, so if more than four large ships are in port—as is often the case in midsummer—then the fifth ship anchors in the channel and tenders passengers in smaller crafts to the terminals.

Tourists disembarking at the farthest berth, the AJ Dock, can either walk 20 minutes to the town center or catch a shuttle. Starting at the Franklin Dock, a seawalk leads visitors past many tourist amenities, including welcome signs and maps, historic statues, covered waiting areas, picnic tables, information and tour-company kiosks, shops, food vendors, the Mount Roberts Tramway and a colorful visitors center.

Downtown Juneau is within easy walking distance, but you'll need transportation (taxi, tour coach or local bus) to reach outlying attractions such as the Mendenhall Glacier. Tour buses load in a lot beside the visitor center. There is also a taxi-loading zone; the visitor center can provide a list of cab companies.

So many different tours are offered in Juneau; the hard part is deciding among them. The more adventurous should consider helicopter or floatplane tours of glaciers and fjords, glacier-trekking or dogsledding on a glacier. Those who prefer the water to the air might consider whale-watching, fishing for salmon or halibut, or sea kayaking near seals, sea lions and whales. You can also enjoy a placid float down the Mendenhall River or a Mendenhall Lake canoe or kayak adventure.

You can tour the glacier by bus and then feast on salmon, or marvel at spawning Alaska salmon at a local hatchery. Hikes in the rain forest and rain forest gardens are a great way to explore, and two ziplines through the rain forest provide additional adventure. Other options include exploring the historic sites of downtown Juneau. Because most ships are in port eight hours or more, you can sometimes choose more than one tour.

If you have a bit more time, explore nearby Tracy Arm Fjord or Glacier Bay, home to 16 tidewater glaciers. Around Juneau, many outstanding wilderness lodges beckon sportfishing and whale-watching enthusiasts and ecotourists. Spend a day watching brown bears at Pack Creek on Admiralty Island. Fly to Yakutat for world-class fly-fishing and steelhead fishing or to surf Alaska's lost coast. Take a memorable fast-ferry day trip up Lynn Canal to Haines or historic Skagway. Ferries also go to Sitka, Petersburg, Wrangell and other southeast communities, but you'll need two to three days.

Potpourri

Land area around Juneau is increasing at a rate of about 0.7 in/1.8 cm per year, which is faster than rising global sea levels. With the decreasing weight of melting glaciers, the land is bouncing back. One nearby island is now 18 ft/6 m higher than it was when Capt. Vancouver sailed by it more than 200 years ago, and the Amalga Meadow area of Juneau has risen more than 5 ft/1.5 m since 1948.

Located smack in the middle of a rain forest, Juneau receives an average of 62 in/157 cm of precipitation a year, 24 in/61 cm more than famously wet Seattle. Autumn is the wettest season.

Juneau is the only U.S. state capital not accessible by road. The city is serviced by air and water, but the highway only stretches 45 mi/72 km along the coastline.

You can't judge a bear by its color. Black bears actually come in a range of colors, including a rare blue-gray variation called the glacier bear. Many black bears are brown—not to be confused with brown bears, which are also brown. So how do you tell the difference? Size matters. Black bears tend to be the size of a very large dog, weighing up to 400 lbs/180 kg. Brown bears are usually much larger, closer to pony size, and can weigh 500-1,000 lbs/230-450 kg.

Talking or singing as you walk through the woods is the best way to let bears know you're coming.

SEE & DO

Sightseeing

One of the first things you'll notice in Juneau, after you stop staring at all the mountains, is the contrast between the gold-rush-era buildings and modern high-rises—and, on the street, between the rubber-booted fisherfolk and the suit-and-tie government employees. The Historic District is crammed with shops, galleries, bars, hotels and restaurants. City and state buildings, churches and museums are a few blocks away, so most of the points of interest are within walking distance.

Before you make your way through the streets or take one of the tours, you may want to get the big picture by taking the Mount Roberts Tramway, which is located next to the cruise-ship docks.

Historic downtown can be easily explored on foot with the help of a walking-tour map (they're available at the visitor-information center near the cruise-ship docks).

From the docks, head north to explore downtown shops, restaurants and sights. Along the waterfront, narrow lanes wind past art galleries, gift shops and restaurants. This flat area is wheelchair-accessible and pleasant for strolls. The wooden buildings have colorful facades, and streets are decorated in summer with banners, baskets of flowers, and flags from all the states.

Juneau's best features are the mountains, the ice and the water that define this community. Consider taking a helicopter ride over the Juneau Icefield—it can include glacier landings or a dogsledding experience. You can go whale-watching for humpbacks and orcas along Stephens Passage, take a bus or tour to Mendenhall Glacier, or visit a salmon hatchery. In late summer, when salmon swim upstream to spawn, black bears with cubs are often seen fishing in the stream near the Mendenhall Glacier.

Historic Sites

The Windfall Fisherman, a life-size bronze bear sculpture by Skip Wallen, is situated near the state Capitol at Third and Main streets. Historic photos and colorful tales of the past line the seawalk.

A walk through Juneau's downtown historic district along South Franklin and Front streets is a walk through history. The area was once home to more than 30 bars and several bordellos, but they have been transformed into gift shops and restaurants.

Alaska State Capitol

Completed in 1931, the Capitol housed the governor, the legislature and other territorial and federal offices until Alaska became a state in 1959.

The building continues to serve as Alaska's seat of government. The marble and limestone in the portico columns and the lobby came from

120 E. Fourth St.

Juneau, Alaska

<http://www.alaska.org/detail/alaska-state-capitol-building>

Prince of Wales Island in southeast Alaska. Monday-Friday 8:30 am-5 pm, Saturday and Sunday 9:30 am-4 pm. Free 30-minute guided tours are available mid-May through mid-September. 120 E. Fourth St., Juneau. <http://www.alaska.org/detail/alaska-state-capitol-building>.

Shrine of St. Therese

This beach-stone church dedicated to St. Therese of Lisieux, the patron saint of Alaska, is tucked on an island accessible by a 400-ft/125-m gravel causeway on Lynn Canal, 23 mi/37 km north of Juneau. It's a favorite spot for picnickers, fishermen and scuba divers, as well as people seeking spiritual renewal. Whales, seals, sea lions and eagles are often seen from the shrine, set against the majestic backdrop of the Chilkat Mountains. The log lodge and several cabins are used for retreats and weddings, as well as government and business workshops. The shrine also features outdoor Stations of the Cross, a columbarium, a Pieta statue, a labyrinth and a gift shop. Open year-round. Mass is held Sunday at 1:30 pm during the summer. Donations accepted. 5933 Lund St. (Mile Marker 23), Juneau. Phone 907-780-6112. <http://www.shrineofsainttherese.org>.

St. Nicholas Orthodox Church

St. Nicholas church was built from local timber and Russian plans in 1894. This octagonal structure with an onion dome is said to be the oldest continuously functioning Russian Orthodox church in Alaska. The church is filled with Russian icons and religious relics. On Sunday, the liturgy is sung in three languages: English, Slavonic and Tlingit. The church and gift shop keep varying hours, but are open most days that cruise ships are in port. Donation. 326 Fifth St., Juneau. Phone 907-586-1023. <http://www.stnicholasjuneau.org>.

The Governor's Mansion

The mansion is a 14,400-sq-ft/1,340-sq-m, three-story, Federal-period Greek Revival-style house. It was built in 1912 for US\$40,000 and is the official residence of the governor of Alaska. It features a 1939 totem pole near the front entrance that tells the story of human and mosquito origins and why there are tides. Free tours of the mansion are available with advanced arrangement. 716 Calhoun Ave. (two blocks uphill from the city museum), Juneau. Phone 907-465-3500. <http://www.alaska.org/detail/governors-mansion>.

The State Office Building

Irreverently called the S.O.B. by residents, this government building has an eighth-floor viewing deck that provides a perfect view of Juneau's lovely waterfront. The enormous atrium contains a small garden with a beautifully carved totem pole and a huge stuffed brown bear, but it's the 1928 Kimball pipe organ that's of most interest. It was purchased by pioneer W.D. Gross, founder of the motion-picture industry in Alaska, and used in his Coliseum Theatre until 1939. Free concerts are staged there most Fridays at noon. 333 Willoughby Ave., Juneau. <http://www.pstos.org/instruments/ak/juneau/state-bldg.htm>.

Totem poles

Tlingit-carved totem poles link the capital city with its Alaska Native roots. The *Wooshkeetann* totem pole outside Centennial Hall, at the corner of Willoughby Avenue and Egan Drive, describes how people came via the Taku River to Juneau. The *Friendship* totem pole is in the Juneau Courthouse lobby on Fourth

5933 Lund St.

Juneau, Alaska 99801

Phone: 907-780-6112

<http://www.shrineofsainttherese.org>

326 Fifth St.

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<http://www.stnicholasjuneau.org>

716 Calhoun Ave.

Juneau, Alaska

Phone: 907-465-3500

<http://www.alaska.org/detail/governors-mansion>

333 Willoughby Ave.

Juneau, Alaska

<http://www.pstos.org/instruments/ak/juneau/state-bldg.htm>

Juneau, Alaska

Street between Main and Seward streets. Two poles, *Harnessing the Atom* and the *Four Story* totem, are outside the city museum on Fourth and Main. Across the street on the eighth floor of the State Office Building (Fourth and Calhoun streets) is the *Waasgo* or *Old Witch* totem. The *Governor's* totem, outside the Governor's House, tells the creation story of populating the earth with land animals, sea mammals and mosquitoes.

Aunt Claudia's Dolls, A Museum

This museum houses an extensive revolving collection of antique and ethnic dolls. Miniatures left by old-time Alaskan Claudia Kelsey are also on display. Nationally recognized doll artist Mary Ellen Frank has a studio in the museum, as well as her collection of Eskimo, Inuit, Native Alaskan, Canadian and Russian dolls. Open in summer Tuesday-Saturday noon-5 pm, in winter Saturday and Sunday only noon-5 pm. Free. 114 S. Franklin St., Suite 102, Juneau. Phone 907-586-4969. <http://www.auntclaudiasdolls.com>.

Juneau-Douglas City Museum

This museum is dedicated to the history of Juneau and has more than 10,000 artifacts. You can watch the video *Juneau, A City Built On Gold*, study the topographic map, see a 700-year-old woven fish trap found in a local river, or check out interpretive displays about gold mining and Juneau history. Originally built by public contributions as the Juneau Public Library in 1950, the structure was a memorial to veterans of World War I and World War II and was the official site of the statehood ceremony in 1959. May-September Monday-Friday 9 am-6 pm, Saturday and Sunday 10 am-4:30 pm; October-April Tuesday-Saturday 10 am-4 pm. US\$6 adults. One-hour historic downtown walking tours Tuesday, Wednesday and Thursday at 1:30 pm May-September, US\$25 adults. 114 Fourth St. (at Main Street), Juneau. Phone 907-586-3572. <https://beta.juneau.org/library/museum>.

Last Chance Mining Museum

Located at the end of Basin Road and a short stroll across Gold Creek, this museum showcases mining tools and equipment from Juneau's gold-rush days. A must for map-lovers, the museum has 3-D and aerial maps, a multilayered glass map of the ore bodies, and the world's largest air compressor. You can walk to the museum from downtown in about 45 minutes. May to mid-September 9:30 am-12:30 pm and 3-6 pm. US\$5. 1001 Basin Road, Juneau. Phone 907-586-5338. <http://gastineauchannel.blogspot.ca>.

Macaulay Salmon Hatchery

Get a bird's-eye view looking down at 1 million salmon smolts, watch adult salmon swim up fish ladders to spawn, and touch starfish, crabs and sea cucumbers in the tidal touch tank. Saltwater aquariums and a gift shop are inside the Ladd Macaulay Visitor Center, along with a gigantic brown bear who will gladly pose for pictures with you (he has no choice—he's stuffed). Outside, you can snap some pictures with a group of bronze bears, the *Gang of Four*, by Juneau sculptor Skip Wallen. The hatchery is open May-September Monday-Friday 10 am-6 pm, Saturday and Sunday 10 am-5 pm; call for an appointment in winter. US\$15 adults. 2697 Channel Drive, Juneau. Phone 907-463-4810. <http://www.dipac.net>.

Mendenhall Glacier

114 S. Franklin St., Suite 102

Juneau, Alaska 99801

Phone: 907-586-4969

<http://www.auntclaudiasdolls.com>

114 Fourth St.

Juneau, Alaska 99801

Phone: 907-586-3572

<https://beta.juneau.org/library/museum>

1001 Basin Road

Juneau, Alaska 99801

Phone: 907-586-5338

<http://gastineauchannel.blogspot.ca>

2697 Channel Drive

Juneau, Alaska 99801

Phone: 907-463-4810

<http://www.dipac.net>

The Mendenhall Glacier is the area's most famous natural landmark and a must-see. The drive-up glacier is a half-mile-wide river of ice emanating from the Juneau Icefield, which is larger than the U.S. state of Rhode Island. The glacier is also more than 13 mi/21 km long and 300-1,800 ft/95-550 m deep, but is shrinking back at a rate of about 30 ft/9 m per year. If the sky is overcast when you're there, consider yourself lucky: The glacier's blue ice is more spectacular on cloudy days. But any day is a good day to visit the glacier. An elevated trail allows visitors to watch black bears fishing in a nearby salmon stream in summer. These are wild bears, so keep a safe distance from them.

Any visit to the glacier, which is 12 mi/19 km northwest of town at the end of Glacier Spur Road, should include a stop at the visitors center. It has a large map of the entire ice field, telescopes provides close-up views of Mendenhall and the sheep frequenting the steep slopes on either side. There's also a short video and interactive exhibits, including kid-oriented activities in the Discovery Tent outside in the summer. Children can also participate in the Junior Ranger program to earn prizes and badges. U.S. Park Service rangers lead nature hikes near the glacier—there's a photo loop trail that's handicap-accessible. Black bears frequent the area in July and August so you may be able to take that once-in-a-lifetime photo.

To get to Mendenhall, you could take a city bus to within 2 mi/3 km of the visitors center (US\$2 adults; US\$1 children ages 6-16; disabled visitors and seniors 65 and older ride free; children 5 and younger ride free with an adult; the bus arrives every 30 minutes) and walk the fairly level path. Several companies run shuttles from the docks to the glacier and back for US\$10 each way. The glacier is also included on many bus tours, which usually allow passengers about 45 minutes at the glacier before heading back. It's worth staying longer to maneuver around to the spectacular Nugget Falls on the right of the glacier, getting close enough to feel the spray coming down. Most flightseeing and helicopter tours also fly over the glacier.

In addition to the six trails around the Mendenhall Glacier, there are more than 100 hiking spots in the area. Pick up a copy of *Juneau Trails* at a local bookstore. The U.S. Forest Service has maps and other information. Visitors Center daily 6 am-midnight. US\$5 adults; admission is free in winter. Phone 907-789-0097. <http://www.fs.usda.gov/tongass>.

Pack Creek Brown Bear Preserve

Seated on Admiralty Island, about 30 mi/48 km south of Juneau, the Stan Price State Wildlife Sanctuary at Pack Creek is a good place to view bears in the wild from a protected platform. The preserve is home to the world's largest (and most accessible, particularly June-August) brown bear population—numbering about 1,500 animals, or 1 bear per square mile/2.5 square kilometer. The Tlingit called the island Kootznoowoo, which means "fortress of the bears."

The best way to get there is by air. During July and August, only one guide service is permitted to offer tours: Pack Creek Bear Tours (phone 907-789-3331; <http://packcreekbeartours.com>) provides full-day excursions with gear and guide for US\$789. Several other firms offer bear-viewing floatplane flights if you arrange your own permit, including Ward Air (phone 907-789-9150; <http://www.wardair.com>) and Alaska Seaplane Service (phone 907-789-3331; <http://www.flyalaskaseaplanes.com>). Take rain gear, mosquito repellent, boots or sandals to wade from the float plane to the shore (there is no dock), and a meal or two (rangers put these in bear-proof containers). There are no toilet facilities. Expect to pay US\$150-\$280 per person round-trip, depending on the size of the airplane and whether or not the plane is full. Limited permits from the U.S. Forest Service are available for US\$20 per person per day June-early July and late

Juneau, Alaska 99801

Phone: 907-789-0097

<http://www.fs.usda.gov/tongass>

Juneau, Alaska

Phone: 907-586-8800

<http://www.adfg.alaska.gov/index.cfm?>

[adfg=stanprice.main](http://www.adfg=stanprice.main)

August-September, US\$50 per person per day early July-late August. Reserve permits in advance at <http://www.recreation.gov>. Phone 907-586-8800. <http://www.adfg.alaska.gov/index.cfm?adfg=stanprice.main>.

Tracy Arm Fjord

A favorite one-day adventure is a boat trip to Tracy Arm Fjord and the Sawyer glaciers. En route you'll often see orca and humpback whales, porpoises, sea birds, bears ambling along the beaches, waterfalls, sheer rock cliffs, and hundreds of seals atop recently calved icebergs or along the shores. May-September 8:30 am-6 pm. US\$165 adults. 76 Egan Drive, Juneau. Phone 907-463-2509. Toll-free 800-228-3875. <http://www.adventureboundalaska.com>.

Glacier Gardens

With flowers overflowing from the tops of upside-down, uprooted trees, this 50-acre/20-hectare garden is a magical mix of natural forest and creative gardening on the site of a former landslide area. Guided tours in covered, motorized carts wind through the rain forest past waterfalls and ponds to the 580-ft/180-m level of Thunder Mountain. There, a walkway and overlook provide views of the Mendenhall Valley, Gastineau Channel, Chilkat mountains and low-flying eagles that nest in the gardens. Floral arches and overhead plants adorn the atrium, a favorite place for weddings and home to the Garden Gift Shop and Garden Cafe. Open daily May-September 9 am-6 pm. Admission US\$24.95 adults. 7600 Glacier Highway (7 mi/11 km from downtown), Juneau. Phone 907-790-3377 in summer; 907-789-5166 in winter. <http://www.glacierygardens.com>.

Jensen-Olson Arboretum

This living laboratory contains more than 1,100 native and cultivated species including lilacs, rhododendron, trilliums, irises, hostas and dahlias. The North American Plant Collections Consortium recognized the collection of nearly 200 types of primroses as a National Collection. The vegetable gardens of this 15-acre/6-hectare homestead have supplied Juneau groceries since 1904. Located 23 mi/37 km north of downtown Juneau. Wednesday-Sunday 9 am-5 pm. Free. 23035 Glacier Highway, Juneau. Phone 907-789-0139. <http://www.friendsjoarboretum.org>.

Twin Lakes Park

A colorful kid-designed, community-built playground, Twin Lakes Park includes playhouses painted like an ice castle, a treehouse and a lighthouse, as well as slides, swings and a maze painted with murals of Alaskan scenes. The lakes are stocked with fish and a fishing pier makes it easy to cast a line. 3401 Glacier Highway, Juneau. Phone 907-586-5226 (Parks Department) or 907-586-2201 (Juneau Visitors Center). <http://www.juneau.org/parkrec/facilities/lemon.php>.

Alaskan Brewing Co.

Visit the Alaskan Brewing Co. to watch fermenting and bottling, and taste a free sample of Juneau's award-winning beers, including Smoked Porter and Alaskan Amber. There's also a gift shop. May-September daily 11 am-7 pm; October-April Monday-Friday noon-6 pm, Saturday and Sunday 11 am-5 pm. 5429 Shaune Drive, Juneau. Phone 907-780-5866. <http://www.alaskanbeer.com>.

76 Egan Drive

Juneau, Alaska 99801

Phone: 907-463-2509

<http://www.adventureboundalaska.com>

7600 Glacier Highway

Juneau, Alaska 99801

Phone: 907-790-3377

<http://www.glacierygardens.com>

23035 Glacier Highway

Juneau, Alaska 99801

Phone: 907-789-0139

<http://www.friendsjoarboretum.org>

3401 Glacier Highway

Juneau, Alaska

Phone: 907-586-5226

<http://www.juneau.org/parkrec/facilities/lemon.php>

5429 Shaune Drive

Juneau, Alaska 99801-9540

Phone: 907-780-5866

<http://www.alaskanbeer.com>

Mount Roberts Tramway

Ride in one of the two 60-person trams up to the 1,800-ft/549-m level of Mount Roberts for a spectacular view of downtown, the Gastineau Channel, Douglas Island, the Chilkat Mountains and nearby mining ruins from the 3,000-sq-ft/325-sq-m observation deck and Mountain House (Shaa Hit). Venture along one of the hiking trails through the rain forest; visit a live eagle at the Juneau Raptor Center Bald Eagle Display; shop at Raven Eagle gift store; watch *Seeing Daylight*, a short video about the Tlingit people; or eat lunch or dinner at the Timberline Bar and Grill. There are also craft demonstrations by Alaskan Native artists, and guests can enjoy a cup of cider while browsing interactive displays at the Mount Roberts Nature Center. The tram runs every five to 10 minutes. US\$33 adults. 490 S. Franklin St., Juneau. Phone 907-463-3412. <http://www.mountrobertstramway.com>.

490 S. Franklin St.
Juneau, Alaska 99801
Phone: 907-463-3412
<http://www.mountrobertstramway.com>

Recreation

Opportunities to hike, bike and paddle around Juneau are abundant. You can strike off on your own with a walking-trail map from the visitors center or rent a bike or a kayak and explore the area independently. Juneau offers more than 80 trails and 90 short walks.

If time is limited, however, consider taking a tour. Juneau has dozens of firms offering every possible recreational option—from fishing for salmon to bear-watching by floatplane to dogsledding on a glacier.

Beaches

Juneau is stretched out along the water, but most of the beaches are rocky. The aptly named Sandy Beach on Douglas Island is a rare exception. It was created by the mine tailings from the historic Treadwell Mine. Kids and dogs love to splash in the water there. Take a taxi or the city bus to Douglas, and then walk a few blocks past the harbor to the beach.

The beaches at Auke Recreation Area, at Milepost 15.7 on Glacier Highway, and False Outer Point, on the northern end of Douglas Island, are more suitable for beach walks and cookouts. Check the tide table before driving 30 mi/48 km north to Eagle Beach, where low tides reveal expanses of sand to match the mountain views, and you can watch eagles up close.

Many hotels and lodges allow guests to use their bikes, or they can be rented.

Cycle Alaska

Cycle Alaska rents bicycles and offers fun tours, including a Glacier View Bike and Brew tour for US\$99 and Eaglecrest Ski Area to False Outer Point bike ride plus the Mount Roberts Tramway for US\$119. There's also a full-service bike shop offering parts and repairs. Tuesday-Friday 10 am-6 pm, Saturday 9 am-5 pm. Bike-rental prices start at US\$35 for four hours, US\$45 for eight hours, US\$49 for 24 hours. 1107 W. Eighth St., Juneau. Phone 907-321-2453. <http://www.cycleak.com>.

1107 W. Eighth St.
Juneau, Alaska 99801
Phone: 907-321-2453
<http://www.cycleak.com>

Southeast Alaska's rain forest is home to more than 300 species of birds, including bald eagles, ravens, jays, hummingbirds and ptarmigans, plus wintering ducks and geese that visit the Mendenhall wetlands. May is the migration month, and June is the month for watching nesting birds. Of course, the most visible are the bald eagles, which gather around canneries, fishing boats and marinas during salmon season.

The Mendenhall Wildlife Refuge and Juneau airport wetlands are easily accessed birding hot spots, as are Eagle Beach, Amalga Marsh and Point Bridget State Park. Arctic terns delight visitors at the Mendenhall Glacier April-August.

For a birding list, visit <http://juneau-audubon-society.org>. There is also a list of bird-watching areas at the Juneau Ranger District. Phone 907-586-8800. <http://www.adfg.alaska.gov/index.cfm?adfg=animals.listbirds>.

The Mendenhall Glacier Visitors Center also sells several publications that list birds seen around the glacier, Juneau, surrounding communities and southeast Alaska.

Juneau Audubon Society

The Juneau Audubon Society leads occasional bird walks. There are also bird-watching events at the glacier. Free. <http://www.juneau-audubon-society.org>.

Juneau, Alaska 99802-1725

<http://www.juneau-audubon-society.org>

For sailors, Juneau has an active yacht club that holds races and social hours through the summer (<http://juneauyachtclub.com>), and a youth sailing club that offers lessons (<http://www.juneauyouthsailing.org>).

Alaska Travel Adventures

Alaska Travel Adventures offers a 3.5-hour Mendenhall Glacier float trip (US\$135 adults) or canoe trip (US\$169), gold panning (US\$59), the Gold Creek Salmon Bake (US\$49) and four-hour custom Hummer tours (US\$569 for four adults and one child). The popular *Best of Juneau* trip includes whale-watching, the Mendenhall Glacier and the salmon bake for US\$185. 9085 Glacier Highway, Suite 301, Juneau. Phone 907-789-0052. Toll-free 800-323-5757. <http://www.bestofalaskatravel.com>.

9085 Glacier Highway, Suite 301

Juneau, Alaska 99801

Phone: 907-789-0052

<http://www.bestofalaskatravel.com>

Panhandle Powerboats

Rent small powerboats (18-22 ft/6-7 m) in Auke Bay. By appointment only. US\$195-\$450, depending on the size of the vessel. Phone 907-209-6990. <http://www.panhandlepowerboats.com>.

Juneau, Alaska

Phone: 907-209-6990

<http://www.panhandlepowerboats.com>

Fishing trips are offered by a number of charter boats that will take you fishing for salmon or halibut. Expect to pay at least US\$150 per person for a half-day outing, with four to six anglers onboard. You can also take a plane trip to prime fishing waters. Half- and full-day trips run US\$350-\$475.

For a list of companies offering fly-in and boat-fishing trips, contact the Juneau Convention and Visitors Bureau. Phone 907-586-2201.

Bear Creek Outfitters

Trips include a floatplane flight and seven hours of on-stream time. US\$630 per person for minimum two fishermen. Half-day trips are also available for US\$415 per person, with a three-person minimum. Fishermen will also need a nonresident license (US\$20), available from the guide. Phone 907-723-3914. <http://www.juneauflyfishing.com>.

Juneau, Alaska

Phone: 907-723-3914

<http://www.juneauflyfishing.com>

Mendenhall Golf

If you can't live without golf no matter where you are, this nine-hole, par-3 public course offers specials for visitors as well as scenic glacier views. Open May-October daily 8 am-6:30 pm. No credit cards. 2101 Industrial Blvd. (10 mi/16 km from downtown), Juneau. Phone 907-789-1221. <https://www.facebook.com/MendenhallGolfCourse>.

2101 Industrial Blvd.

Juneau, Alaska 99801

Phone: 907-789-1221

<https://www.facebook.com/MendenhallGolfCourse>

Alaska's spectacular scenery beckons almost everyone for an outdoor walk or a hike up winding trails—and there are a variety of levels. Juneau is a walker's paradise. If you're downtown, Perseverance Trail will take you past old mining ruins to an elevation of 700 ft/213 m in three to four hours. Take Gold Street to Basin Road and follow the trail at the end. Granite Creek Trail branches off Perseverance Trail and reaches as high as 1,200 ft/366 m. For super-fit hikers, another branch off Perseverance Trail leads steeply to the top of Mount Juneau (3,576 ft/1,090 m).

Alpine trails at the upper level of Mount Roberts Tramway provide great overlooks of downtown Juneau. On Douglas Island, the Dan Moller Trail and the False Outer Point Loop Trail are near the end of North Douglas Highway.

Mendenhall Glacier offers a variety of trails from the easy 0.3-mi/0.5-km Photo Point Trail, 0.5-mi/0.8-km Trail of Time and 1.5-mi/3-km Moraine Ecology Trail to the more challenging East Glacier Loop, Nugget Creek and West Glacier trails. The Glacier Visitors Center has information. Phone 907-789-0097. <http://www.fs.usda.gov/tongass>.

In addition to the trails around the Mendenhall Glacier, there are more than 100 hiking spots in the area, including Kaxdigoowu Heen Dei Trail at Brotherhood Bridge, the Airport Dike, and Auke Lake Trail, as well as Treadwell Ditch, False Outer Point, Herbert Glacier, Montana Creek, Peterson Lake, Mount McGinnis, Windfall Lake and Point Bridget trails. Pick up a copy of *Juneau Trails* at a local bookstore.

The U.S. Forest Service has maps and other information about hiking and bears. <http://www.fs.usda.gov/tongass>.

To find the best wildlife-viewing areas, visit <http://www.adfg.alaska.gov/index.cfm?adfg=southeastviewing.main>.

Cold water makes for great visibility, and there's plenty to see underwater around Juneau, but diving there is only recommended for those with extensive diving experience. King crab, tomcod, needlefish, Dungeness crab, flounder, snails, hermit crabs, sea lions, porpoises and jellyfish all frequent the area.

Favorite dive sites include an underwater park with an artificial reef in Auke Cove, a lush wall and ledges at the end of Ann Coleman Road, coral-encrusted rock at the Shrine of St. Therese, the well-sheltered Sunshine Cove and several historic shipwrecks.

Scuba Tank

This dive shop offers equipment rentals, scuba training, dive charters and a variety of other services. Monday-Friday 10 am-6 pm. 8319-C Airport Blvd., Juneau. Phone 907-789-5115. <http://www.thescubatank.com>.

8319-C Airport Blvd.
Juneau, Alaska 99801
Phone: 907-789-5115
<http://www.thescubatank.com>

Many local trails, including Mendenhall Lake Campground and Eagle Beach, serve as Nordic (cross-country) and skate-skiing areas in winter. Visit <http://jnski.org> for up-to-date information.

Alaska Powder Descents

This company offers heliskiing and snowboarding. November-April. US\$650 for a half-day, US\$1100 for a full day. 2767 David St., Juneau. Phone 907-500-4392. <http://www.alaskapowder.com>.

2767 David St.
Juneau, Alaska 99801
Phone: 907-500-4392
<http://www.alaskapowder.com>

Alaska Club

A full-service health club, with weight equipment, treadmills, aerobics classes, steam rooms, saunas, hot tubs, and basketball and racquetball courts. It has a second location in the Mendenhall Valley at 2841 Riverside Drive (phone 907-789-2181). Monday-Friday 4:45 am-10 pm (till 9 pm in summer), Saturday and Sunday 7:30 am-8 pm. 641 W. Willoughby Ave., Suite 210, Juneau. Phone 907-586-5773. <http://www.thealaskaclub.com>.

641 W. Willoughby Ave., Suite 210
Juneau, Alaska 99801
Phone: 907-586-5773
<http://www.thealaskaclub.com>

Pavitt's Health and Fitness

This locally owned club has a stationary lap pool, sauna, snack bar, lots of weight equipment, treadmills, bikes and classes. Daily 24 hours. US\$15 for a day pass. 10004 Glacier Highway, Juneau. Phone 907-789-5556. <http://www.gopavitt.com>.

10004 Glacier Highway
Juneau, Alaska 99801
Phone: 907-789-5556
<http://www.gopavitt.com>

Rock Dump

Everyone's climbing the walls at this indoor climbing gym, which has 40 top ropes and more than 11,000 sq ft/1,020 sq m of climbing surfaces, including two bouldering areas and a 40-ft/12-m open pitch. Monday-Friday 4-10 pm, Saturday and Sunday 2-10 pm. US\$13 per day. 1310 Eastaugh Way (south of Juneau off Thane Road), Juneau. Phone 907-586-4982. <http://www.rockdump.com>.

1310 Eastaugh Way
Juneau, Alaska 99801
Phone: 907-586-4982
<http://www.rockdump.com>

Augustus Brown Swimming Pool

This covered public facility offers two pools, high and low diving boards, an exercise area and a sauna. Daily; check website for swim schedule. US\$8 adults. 1619 Glacier Ave., Juneau. Phone 907-586-5325.

1619 Glacier Ave.
Juneau, Alaska 99801
Phone: 907-586-5325

<https://beta.juneau.org/parks-recreation/juneau-pools>.

Dimond Park Aquatic Center

This covered public facility offers an eight-lane lap pool and a recreational pool with slides, low board and water toys. There is also an exercise area, sauna and hot tubs. Daily, visit website for swim schedule. US\$8 adults. 3045 Dimond Park Loop, Juneau. Phone 907-586-2782. <https://beta.juneau.org/parks-recreation/juneau-pools>.

<https://beta.juneau.org/parks-recreation/juneau-pools>

3045 Dimond Park Loop
Juneau, Alaska 99801

Phone: 907-586-2782

<https://beta.juneau.org/parks-recreation/juneau-pools>

Nightlife

The best way to look for nightlife in Juneau is with your ears. Just listen for music as you walk up South Franklin Street, down Front Street and through the Merchant's Wharf. Usually, there's live music, DJs and karaoke. On a sunny summer night, don't be surprised if the locals are still outside playing.

Bars, Taverns & Pubs

Amalga Distillery

This craft distillery is conveniently located downtown and serves excellent cocktails in a relaxed but elegant environment. Daily 1-8 pm. 134 N. Franklin St., Juneau. Phone 907-209-2015. <https://www.amalgadistillery.com>.

134 N. Franklin St.

Juneau, Alaska

Phone: 907-209-2015

<https://www.amalgadistillery.com>

Imperial Billiard & Bar

The oldest bar in Juneau, dating from 1891, this is the place to hang out for a couple of games of billiards, darts, and beer and food. Wednesday is trivia night, and a DJ plays dance music Thursday-Saturday. 241 Front St., Juneau. Phone 907-586-1960.

241 Front St.

Juneau, Alaska

Phone: 907-586-1960

McGivneys Sports Bar and Grill

If you want to catch a game, any game, with a good crowd of fellow sports lovers and great food, this bar has the screens, the brews and the fans. 9107 Mendenhall Mall Road, Juneau. Phone 907-789-0501. <http://www.mcgivneys.com>.

9107 Mendenhall Mall Road

Juneau, Alaska 99801

Phone: 907-789-0501

<http://www.mcgivneys.com>

Red Dog Saloon

With its sawdust floor and swinging doors, the Red Dog does pander to tourists. But it's a fun place with honky-tonk music, locally brewed beer and fascinating Alaska memorabilia cluttering the walls and ceiling. Make a special trip for the sing-along piano player. Daily 11 am-10 pm. 278 S. Franklin St., Juneau. Phone 907-463-3658. <http://www.reddogsaloon.com>.

278 S. Franklin St.

Juneau, Alaska 99801

Phone: 907-463-3658

<http://www.reddogsaloon.com>

Suite 907

This nightclub brings Vegas-style fun to the last frontier, complete with a light-up dance floor. Sunday-Thursday 5 pm-midnight, Friday and Saturday 5 pm-3 am. 9121 Glacier Highway (second floor), Juneau. Phone 907-790-2582. <http://www.suite907.com>.

9121 Glacier Highway

Juneau, Alaska

Phone: 907-790-2582

<http://www.suite907.com>

Alaskan Hotel & Bar

This Victorian hotel, built in 1913, has retained its gold-rush decor and two-story bar room. Located in the back of the Alaska Hotel, the bar often has live music Friday and Saturday 9 pm-3 am. Most Thursdays it hosts an open-mike night. The bar is open from 11 am in summer, 4 pm

167 S. Franklin St.

Juneau, Alaska 99801

Phone: 907-586-1000

<http://www.thealaskanhotel.com>

in winter. 167 S. Franklin St., Juneau. Phone 907-586-1000. Toll-free 800-327-9347. <http://www.thealaskanhotel.com>.

Performing Arts

Film

Gold Town Nickelodeon

This tiny, locally-owned art-house movie theater screens art, indie and local films. Grab a cushion in the lobby to soften the hardwood seat. 171 Shattuck Way, Juneau. Phone 907-586-2875. <http://www.goldtownnick.com>.

Juneau Symphony

This full-size community orchestra presents four classical concerts a year, one for each season. Check the website for schedules and information. Phone 907-586-4676. <http://www.juneausymphony.org>.

Theatre in the Rough

This home-grown theater company richly re-imagines Shakespearean plays with a medley of music, dance, puppets, masks and ornate costumes on spare sets. 315 Fifth St., No. 3, Juneau. Phone 907-500-3344. <http://www.theatreintherough.org>.

Juneau Arts and Humanities Council

This is the place to learn about local happenings in art, music, dance and theater, including the Juneau Opera to Go, Alaska Folk Festival, Juneau Jazz and Classics, the Canvas and even the Juneau Roller girls. Located in the Juneau Arts and Cultural Center (JACC) next to Centennial Hall downtown, 350 Whittier St., Juneau. Phone 907-586-2787. <http://www.jahc.org>.

171 Shattuck Way

Juneau, Alaska

Phone: 907-586-2875

<http://www.goldtownnick.com>

Juneau, Alaska 99801

Phone: 907-586-4676

<http://www.juneausymphony.org>

315 Fifth St., No. 3

Juneau, Alaska 99801

Phone: 907-500-3344

<http://www.theatreintherough.org>

350 Whittier St.

Juneau, Alaska 99801

Phone: 907-586-2787

<http://www.jahc.org>

Shopping

Juneau has more shopping options than any other port in Alaska—some stores are typical and some unique. But the variety of specialty and souvenir stores, art galleries, crafts, elegant furs and clothing are some of the best anywhere.

South Franklin Street, near the cruise terminals, is shopping central: It's packed with stores selling expensive Alaska Native art and beautiful gold and silver jewelry, as well as T-shirts and trinkets. Tram Plaza, at 495 S. Franklin St., is near Franklin Dock, the southernmost cruise-ship terminal. The Senate Building, at 175 S. Franklin St., houses several unique local shops on two levels: Boheme (women's clothing), Changing Tides (quilting and fabrics), Skeins (knitting), Juneau Artists Gallery (handmade local art, jewelry, photography and prints), Bear's Lair (Alaska-themed gifts) and Alaska Fly Fishing Goods.

In addition to the shops downtown, Juneau has two malls in the Mendenhall Valley: the Mendenhall Mall on Mendenhall Mall Road and Nugget Mall at 8745 Glacier Highway (<http://www.nuggetmalljuneau.com>). The Airport Shopping Center, a short walk from the airport, houses a used-book store, hardware store, flower shop and other specialty stores.

Shopping Hours: Usually daily 10 am-6 pm, but many shops open earlier and stay open late if a cruise ship is in port. Shopping malls often remain open until 8 pm.

Bookstores

Friends of the Library Amazing Bookstore

Friends of the Juneau Public Library sell books to benefit local libraries.

9131 Glacier Highway

Monday-Saturday 10 am-6 pm, Sunday noon-5 pm. 9131 Glacier Highway (in the Airport Shopping Center), Juneau. Phone 907-789-4913. <http://www.friendsjpl.org>.

Hearthside Books and Toys

Specializes in books about Alaska, and also sells toys, games, maps and gifts. It also sells tickets to most performance events. There is a second location in Nugget Mall (phone 907-789-2750). 254 Front St., Juneau. Phone 907-586-1726. <http://www.hearthsidebooks.com>.

Observatory Bookstore

A used-book store specializing in unique, collectible Alaskan and Russian and books and 16th-19th-century maps. The owner is an expert on the subject. May-September Monday-Friday 10 am-6:30 pm, Saturday 12:30-6 pm. October-April Monday-Friday 12:30-6 pm. 299 N. Franklin St., Juneau. Phone 907-586-9676. <http://www.observatorybooks.com>.

Rainy Retreat Books

A good selection of new and used books. Monday-Saturday 9:30 am-6 pm, Sunday 11 am-5 pm in summer. 113 N. Seward St., Juneau. Phone 907-463-2665. <http://juneaubooks.com>.

Fred Meyer

A full-spectrum store, selling everything from groceries and clothes to furniture and tools. 8181 Old Glacier Highway, Juneau. Phone 907-789-6500. <http://www.fredmeyer.com>.

Alaska Robotics Gallery

For a more modern take on Alaskan art, pop into this irreverent shop, which features locally created comics, posters, truly unique T-shirts and satire. 220 Front St., Juneau. <http://www.alaskarobotics.com>.

Mt. Juneau Trading Post

After walking past dozens of tourist shops, it's easy to mistake this small storefront for just another trinket shop, but a closer look shows that the small store is densely packed with quality, original art by Alaska First Nations. For four generations, this family-owned trading post has sold authentic, collectible quality art by Alaska Natives, including baskets, wood and bone carvings, scrimshaw, drums, unique jewelry and woven rugs. Visit the upstairs gallery to see artists at work. Located in the historic Seward Building. 151 S. Franklin St., Juneau. Phone 907-523-8100. <http://www.mtjuneautradingpost.com>.

Rie Munoz Gallery

One of Alaska's most iconic painters, Rie Munoz captures common Alaskan scenes in a charmingly bright expressionist style. The gallery features original watercolor paintings, serigraphs, silkscreens and prints. Tuesday-Saturday 11 am-5:30 pm. 2101 Jordan Ave., Juneau. Phone 907-789-7449. <http://www.riemunoz.com>.

The Juneau Artists Gallery

This artist-owned, cooperative gallery in the Senate Building specializes in locally created crafts, including fused-art glass, prints, sketches and paintings, jewelry, scarves, pottery and photography. The artists serve

Juneau, Alaska 99801
Phone: 907-789-4913
<http://www.friendsjpl.org>

254 Front St.
Juneau, Alaska 99801
Phone: 907-586-1726
<http://www.hearthsidebooks.com>

299 N. Franklin St.
Juneau, Alaska 99801
Phone: 907-586-9676
<http://www.observatorybooks.com>

113 N. Seward St.
Juneau, Alaska 99801
Phone: 907-463-2665
<http://juneaubooks.com>

8181 Old Glacier Highway
Juneau, Alaska 99801
Phone: 907-789-6500
<http://www.fredmeyer.com>

220 Front St.
Juneau, Alaska
<http://www.alaskarobotics.com>

151 S. Franklin St.
Juneau, Alaska 99801
Phone: 907-523-8100
<http://www.mtjuneautradingpost.com>

2101 Jordan Ave.
Juneau, Alaska 99801
Phone: 907-789-7449
<http://www.riemunoz.com>

175 S. Franklin St.
Juneau, Alaska 99801
Phone: 907-586-9891

as salespeople, and locals shop for gifts there. 175 S. Franklin St., Juneau. Phone 907-586-9891. <http://www.juneauartistsgallery.com>.

Trickster Company

This gallery offers modern interpretations of traditional Alaskan formline art applied to skateboards, playing cards and sunglasses, for that rare sunny day. It also carries jewelry carved from silver and wood. 224 Front St., Juneau. Phone 907-780-4000. <http://www.trickstercompany.com>.

Alaskan Dames Consignment Shop

This place isn't nearly as stuffy as the name sounds, and it is stocked with nearly-new-quality clothes, shoes, purses and jewelry. It's an inexpensive place for a quick wardrobe pick-me-up. There's also a housewares section, though those items will be harder to fit in your luggage. Monday-Saturday 10 am-6 pm, Sunday noon-5 pm. 9131 Glacier Highway, Juneau. Phone 907-790-3263. <http://alaskandames.com>.

Annie Kaill's

Annie Kaill's is a great place to pick up Alaskan art, pottery and jewelry. The jelly beans are free. Monday-Friday 10 am-6 pm, Saturday 10 am-5 pm, Sunday noon-5 pm. 244 Front St., Juneau. Phone 907-586-2880. <http://www.anniekaills.com>.

Bear's Lair

A Juneau favorite, Bear's Lair specializes in functional art inspired by nature, such as wildflower- and salmon-etched glassware, fleece throws, slate products, shell serving dishes, carved wood bowls and bears, handmade Christmas ornaments, pottery and a variety of baby gifts. Daily 10 am-6 pm. 175 S. Franklin St., Suite 109 (in the historic Senate Building), Juneau. Phone 907-586-5059. <http://bearslairgifts.com>.

Boheme

A trendy, upscale clothing shop with bling-laden accessories for contemporary, independent women and juniors. May-September daily 9 am-8 pm, October-April daily 10 am-5 pm. 175 S. Franklin St. (in the Senate Building), Juneau. Phone 907-586-2050. <http://onlineboheme.com>.

Caribou Crossings

Features unique Alaskan gifts and apparel. May-September. 387 S. Franklin St., Juneau. Phone 907-586-5008. Toll-free 877-586-5008. <http://www.cariboucrossings.com>.

Fairweather Prints

Handpainted and silkscreened shirts, wall-hangings and quilt blocks by local artists, as well as original art and jewelry. Monday-Friday 11 am-6 pm, Saturday 11 am-5 pm. 207 Franklin St., Juneau. Phone 907-789-1404. <http://www.fairweatherprints.com>.

Imagination Station

With a great assortment of Alaskan-made toys, games, books and dolls, this is a favorite store not only for children, but for the kid in all of us. Monday-Friday 10 am-6 pm, Saturday 10 am-5 pm, Sunday 11 am-4

<http://www.juneauartistsgallery.com>

224 Front St.

Juneau, Alaska 99801

Phone: 907-780-4000

<http://www.trickstercompany.com>

9131 Glacier Highway

Juneau, Alaska 99801

Phone: 907-790-3263

<http://alaskandames.com>

244 Front St.

Juneau, Alaska 99801

Phone: 907-586-2880

<http://www.anniekaills.com>

175 S. Franklin St., Suite 109

Juneau, Alaska 99801

Phone: 907-586-5059

<http://bearslairgifts.com>

175 S. Franklin St.

Juneau, Alaska 99801

Phone: 907-586-2050

<http://onlineboheme.com>

387 S. Franklin St.

Juneau, Alaska

Phone: 907-586-5008

<http://www.cariboucrossings.com>

207 Franklin St.

Juneau, Alaska

Phone: 907-789-1404

<http://www.fairweatherprints.com>

174-A S. Franklin St.

Juneau, Alaska 99801

Phone: 907-586-8697

pm. 174-A S. Franklin St. (in the Emporium Mall), Juneau. Phone 907-586-8697. <http://www.alaskantoys.com>.

Midnight Sun Gifts

Housed in the historic Germania Building, original site of the Red Dog Saloon, this locally-owned and operated store stocks made-in-Alaska whalebone carvings, *ulus* and Alaksa-themed porcelain dolls. It also carries soaps, jewelry and clothing. Daily May-September 8 am-8 pm, October-April 10 am-6 pm. 158 S. Franklin St., Juneau. Phone 907-463-1226.

Nugget Alaskan Outfitter

A local favorite, this outfitter features outdoor Alaskan clothing, shoes and gear for work or play. Monday-Friday 10 am-8 pm, Saturday 10 am-6 pm, Sunday noon-5 pm. 9107 Mendenhall Mall Road (in the Nugget Mall), Juneau. Phone 907-789-0956. Toll-free 800-478-6848. <http://www.nuggetoutfitter.com>.

RainTree Quilting

This store offers unique Alaskan fabrics and kits for quilting and embroidery, as well as Bernina sewing machines and service. Lots of samples decorate the walls. Monday-Friday 10 am-6 pm, Saturday 10 am-5 pm. 2213 Dunn St. (off Glacier Highway across from Frontier Suites), Juneau. Phone 907-789-7900. <http://www.raintreequilting.com>.

Shoefly

Step out in style, no matter what the weather. You may need two pairs of shoes for your time in Juneau: one for the muddy outdoors and a pair of three-inch party heels "with attitude" for the captain's-table dinner. The socks, scarves, hats and purses are also outrageously fun. Summer hours Monday-Friday 9:30 am-8 pm, Saturday and Sunday 10 am-8 pm. 109 Seward St. (next to Juneau Drug Store), Juneau. Phone 907-586-1055. <http://www.shoeflyalaska.com>.

Taku Smokeries and Store

Stop in for a free sample of locally caught smoked sockeye or king salmon and for a self-guided tour of the smoking and packing operations. Daily in summer. 550 S. Franklin St. (next to the tram and Twisted Fish restaurant), Juneau. Phone 907-463-3474. Toll-free 800-582-5122. <http://takustore.com>.

The Foggy Mountain Shop

If you want to hike or backpack in the Juneau area, this is the place to go for advice. Also pick up rugged clothing and gear for cold, wet outdoor weather. Monday-Saturday 9:30 am-5:30 pm, Sunday noon-5:30 pm. 134 N. Franklin St., Juneau. Phone 907-586-6780. <http://www.foggy mountainshop.com>.

The Jewel Box

Founded during territorial days, this is Juneau's oldest jewelry store and one trusted by locals. It carries silver jewelry carved by Alaska Native artists, gold jewelry crafted from raw Alaskan nuggets, and custom jewelry as well. The jeweler can also do repairs. Monday-Friday 10 am-6 pm, Saturday 10 am-5 pm. 248 Front St., Juneau. Phone 907-586-2604. <http://www.jewelboxalaska.com>.

William Spear Design

<http://www.alaskantoys.com>

158 S. Franklin St.

Juneau, Alaska

Phone: 907-463-1226

9107 Mendenhall Mall Road

Juneau, Alaska 99801

Phone: 907-789-0956

<http://www.nuggetoutfitter.com>

2213 Dunn St.

Juneau, Alaska

Phone: 907-789-7900

<http://www.raintreequilting.com>

109 Seward St.

Juneau, Alaska

Phone: 907-586-1055

<http://www.shoeflyalaska.com>

550 S. Franklin St.

Juneau, Alaska 99801

Phone: 907-463-3474

<http://takustore.com>

134 N. Franklin St.

Juneau, Alaska 99801

Phone: 907-586-6780

<http://www.foggy mountainshop.com>

248 Front St.

Juneau, Alaska 99801

Phone: 907-586-2604

<http://www.jewelboxalaska.com>

174 S. Franklin St., Suite 201

Sells unique enameled pins and zipper pulls that are wearable works of art and perfectly sized to carry home easily. They come in designs for every taste and interest, with many Alaskan motifs. Daily in summer 9:30 am-6 pm. 174 S. Franklin St., Suite 201, Juneau. Phone 907-586-2209. <http://wmspear.com>.

Juneau, Alaska 99801

Phone: 907-586-2209

<http://wmspear.com>

Itinerary

Day Trips

To **Gustavus**. This tiny fishing town is a four-and-a-half-hour ferry trip north, or a quick flight away. With only 450 residents, Gustavus is a quiet little place filled with art galleries, wildflowers, and sweeping views of snowcapped peaks and Icy Strait, on which it sits. It's also the gateway to Glacier Bay National Park, an incredibly scenic bay filled with calving tidewater glaciers, marine life and adventure opportunities. It's a UNESCO World Heritage site and one of the largest Biosphere Reserves in the world. For information on Glacier Bay National Park, visit <http://www.nps.gov/glba/index.htm>. For information about Gustavus, go to <http://www.gustavusak.com>.

To **Skagway**. Stepping onto the main street of this small town north of Juneau is to step back in time to the Klondike Gold Rush. The boomtown buildings that served hopeful miners heading to the Klondike have been preserved as a National Historic Park. For information on Klondike Gold Rush National Historic Park, visit <http://www.nps.gov/klgo/index.htm>. A historic single-gauge railroad (White Pass and Yukon Railway) can carry you up into the mountain passes the miners once had to hike. To get to Skagway from Juneau you will need to float or fly. A commercial fast-ferry carries visitors from Juneau to Skagway in three hours; tickets are US\$130 adults, US\$115 children (phone 800-320-0416; <http://www.alaskafjordlines.com>). To get from Juneau to Skagway in an hour, take a propeller plane with Wings of Alaska (phone 907-789-0790; <http://www.wingsofalaska.com>) or Alaska Seaplane (phone 907-789-3331; <http://www.flyalaskaseaplanes.com>). A plane ticket will cost around US\$120 each way.

Outdoor adventure is what really draws visitors to Juneau. Considered the gateway to the glaciers, the capital city is the place to arrange flightseeing and helicopter treks to the Juneau Icefield, boat tours of Glacier Bay National Park or Tracy Arm Fjord, whale-watching tours in Icy Strait, world-class salmon and halibut fishing charters, or kayaking trips in the serene waters of the Inside Passage. If you want to gawk at brown bears fishing, you can arrange a trip to Admiralty Island National Monument's Pack Creek and Stan Price Wildlife Preserve at Pack Creek. You can also learn about the area's mining heritage and visit one of the quaint villages nestled along Inside Passage waters: Tenakee Hot Springs, Elfin Cove and Pelican, or visit the Tlingit communities of Angoon or Hoonah. Many tour companies run only in the summer tourist season, May-September.

One of the most popular excursions is a helicopter or flightseeing trip to the Juneau Icefield. Some tours include a glacial hike or a short dogsled ride on the glacier. Others are strictly flyovers. Tour lengths and prices vary, but generally tours last two to four hours and prices start around US\$300. Be prepared for cancellation if the weather is bad. Take sunglasses because the light reflecting from the snow can be intense.

Most outfitters also offer kayaking day trips with instruction, equipment and a guide. If you are an experienced paddler, you can rent a kayak or canoe and explore the inlets along Gastineau Channel on your own through Alaska Boat and Kayak at Auke Bay.

Several tour operators offer a variety of tours to large groups and more independent-minded visitors. (Most tours offered are similar to those arranged by cruise ships.) Tours normally operate May to mid-September.

Two websites provide historic walking tour maps and information:

http://www.juneau.org/cddftp/HSD/downtown_historic_district.php and

http://www.traveljuneau.com/cms/d/downtown_street_tour.php.

A-J Mine Gastineau Mill Tour

To learn about Juneau's mining history, visit the 1916 Alaska-Juneau (A-J) Mine and Gastineau Mill, one of the biggest gold mines in Alaska. Your underground and aboveground tour comes with a hard hat and a

500 Sheep Creek Mine Road

Juneau, Alaska

Phone: 907-586-2550

demonstration of old mining equipment. You also get a chance to pan for the shiny stuff. Dress warmly. Book through Holland America Princess Alaska Tours. US\$65 adults. 500 Sheep Creek Mine Road (4 mi/6 km south of downtown), Juneau. Phone 907-586-2550. <http://ajgastineauminetour.com>.

Alaska Canopy Adventures

Alaska Canopy Adventures offers its tour 200 ft/62 m above the Treadwell Mine area, with a boat trip from Juneau to Douglas Island and back. US\$189. 406 S. Franklin St., No. 210, Juneau. Phone 907-523-2920 summer. <http://alaskacanopy.com>.

Alaska Zipline Adventure

Alaska Zipline Adventure operates its tour at Eaglecrest, Juneau's ski area, an alpine environment with spectacular scenery. It also offers a combination zipline and glacier tour, plus Jeep tours for groups of up to 12. US\$149. 110 N. Franklin St., Juneau. Phone 907-321-0947. <http://www.alaskazip.com>.

Coastal Helicopters

Usually lands on Herbert Glacier, with option for dogsledding. 8995 Yandukin Drive, Juneau. Phone 907-789-5600. Toll-free 800-789-5610. <http://www.coastalhelicopters.com>.

Dolphin Jet Boat Tours

Dolphin Jet Boat Tours provides trips onto the water May-September to see whales and other marine life. Prices start at US\$105. 490 S. Franklin St., Juneau. Phone 907-463-3422. Toll-free 800-719-3422. <http://www.dolphintours.com>.

Era Helicopters

Lands on Norris or Taku Glacier, with option for dogsledding. May-September daily 8 am-5 pm. 6910 N. Douglas Highway, Juneau. Phone 907-586-2030. Toll-free 800-843-1947. <http://www.erahelicopters.com>.

Gastineau Guiding

Local residents lead rain-forest and sea-coast nature hikes, whale-watching tours and a photo safari by land and sea. US\$79-\$199, depending on the length of the tour. 1330 Eastaugh Way, Suite 2, Juneau. Phone 907-586-8231. <http://www.stepintoalaska.com>.

NorthStar Trekking

Don crampons and rope up for glacier hikes ranging from an easy one-hour walk to more technical five-hour treks led by experienced mountaineers. Phone 907-790-4530. Toll-free 866-590-4530. <http://www.northstartrekking.com>.

Orca Enterprises

Personalized whale-watching tours on a high-speed jet boat. Three or four trips are offered daily in summer. Reservations required. About US\$125 adults. 495 S. Franklin St., Juneau. Phone 907-789-6801. Toll-free 888-733-6722. <http://www.alaskawhalewatching.com>.

Taku Glacier Lodge Flight and Feast

On this three-hour, 30-mi/48-km floatplane tour, you'll have a window seat as you fly past five glaciers and land on the Taku River across from

<http://ajgastineauminetour.com>

406 S. Franklin St., No. 210

Juneau, Alaska

Phone: 907-523-2920

<http://alaskacanopy.com>

110 N. Franklin St.

Juneau, Alaska 99801

Phone: 907-321-0947

<http://www.alaskazip.com>

8995 Yandukin Drive

Juneau, Alaska 99801

Phone: 907-789-5600

<http://www.coastalhelicopters.com>

490 S. Franklin St.

Juneau, Alaska 99801

Phone: 907-463-3422

<http://www.dolphintours.com>

6910 N. Douglas Highway

Juneau, Alaska 99801

Phone: 907-586-2030

<http://www.erahelicopters.com>

1330 Eastaugh Way, Suite 2

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<http://www.stepintoalaska.com>

Juneau, Alaska 99803

Phone: 907-790-4530

<http://www.northstartrekking.com>

495 S. Franklin St.

Juneau, Alaska

Phone: 907-789-6801

<http://www.alaskawhalewatching.com>

2 Marine Way, No. 175

Juneau, Alaska 99801

Hole-in-the-Wall Glacier. Inside the historic log lodge, you'll feast on wild Alaska king salmon as part of your breakfast, lunch or dinner as you listen to the adventures of Mary Joyce, a daring woman who dogsledded 1,000 mi/1,610 km from Juneau to Fairbanks in the winter. There's time to explore the lodge, wander wilderness trails and possibly see bears. May to mid-September. US\$315 adults. 2 Marine Way, No. 175, Juneau. Phone 907-586-6275. <http://www.wingsairways.com>.

Phone: 907-586-6275
<http://www.wingsairways.com>

Temsco Helicopters

Fly over and land on the Mendenhall Glacier, with the option to go dogsledding. Phone 907-789-9501. Toll-free 877-789-9501. <http://www.temscoair.com>.

Juneau, Alaska
Phone: 907-789-9501
<http://www.temscoair.com>

To help you make the most of your time in Juneau, we've designed three day-long itineraries for cruise ship passengers.

PLAN A

Juneau Walkabout

If you didn't sign up for the ship-sponsored salmon bake, make reservations for the Gold Creek Salmon Bake—you have to partake of this quintessential Alaskan meal sometime during your visit to the state. Both offer free transportation from town.

Ride the Mount Roberts Tramway up to the 2,000-ft/620-m mountain peak for a spectacular view of the surrounding area. If the tramway wait is too long, do the walking-tour part of this plan first and go back to the tram later. Explore the trails, shops, movie and restaurant at the top of the tram—and visit the live eagle just outside the Mountain House.

After your descent, stroll along the Juneau Seawalk. When you reach the Juneau Library (above the parking garage at 292 Marine Way), look for the mural depicting the Tlingit creation story, in which salmon were transformed into the first humans, on the back of the city building.

Walk along Admiral Way and turn left at South Franklin Street. Peek into the rowdy Red Dog Saloon. Turn left at Front Street and walk uphill on Main Street to see Skip Wallen's bronze statue of a brown bear fishing. Take a right on Fourth and go uphill on Franklin Street to the St. Nicholas Russian Orthodox Church at 326 Fifth St.—just look for the onion-shaped dome.

Backtrack a bit to the Alaska State Capitol and Juneau-Douglas City Museum at the corner of Fourth and Main. The museum's video about the city of Juneau and interpretive displays on gold mining are both worth a look. Continue west on Fourth Street (it winds around and becomes Calhoun Street) to the Governor's Mansion. A totem pole that shows the origins of man and the mosquito is outside.

Take the stairs across the street from the Governor's Mansion, which climb from Calhoun to Dixon Street. Turn left and follow Dixon Street until it ends, then turn right onto Goldbelt Avenue. Follow Goldbelt Avenue through this historic neighborhood as it becomes Seventh Street and leads you to the House of Wickersham. Rest and enjoy the view and history for a while. When you're ready, continue along Seventh Street until it meets Eighth Street, also called Gold Street. Now you have a decision: If you're tired, head downhill for a tasty treat and a cup of something warm; if you still have energy and interest, turn left and hike up to the Last Chance Mining Museum and Perseverance Trail. Either way, you'll have worked up an appetite for that salmon bake.

PLAN B

The Ice Age and Back

Rent a car, and make reservations for dinner. Then grab a picnic lunch and slip on a jacket and hiking shoes. Head north on the waterfront road, which becomes Egan Drive and then Glacier Highway. Continue past the airport and follow the signs to the Mendenhall Glacier, 12 mi/19 km northwest of town.

After seeing the displays at the visitors center, hit the hiking trails. One short path takes you to a scenic spot where you can snap dramatic photos of Mendenhall Glacier (appropriately, it's called the Photo Point Trail). You can also take the unmarked path to the right of the glacier to a majestic waterfall—well worth the effort.

Get back in the car and follow the signs back to Egan Drive/Glacier Highway and turn right toward Auke Bay. Stop at the turnoff for the University of Alaska Southeast and Chapel by the Lake for snapshots of Mendenhall Glacier reflected in Auke Lake. Past Auke Bay and the ferry terminal on Glacier Highway is Auke Recreation Area, former site of the Auke Tlingit village—it's a good place to have your picnic. Continue on the road to the Shrine of St. Therese at Mile 23. This stone church tucked on an island accessible by a gravel causeway is a whale-watching retreat. While out there, explore the Jensen-Olsen Arboretum to see what's in bloom.

PLAN C

Rainy Day

Don't despair at the downpour. Put on a raincoat and head out to enjoy the rain forest. Walk up South Franklin Street, where the many interesting shops have overhangs to keep the rain off. Grab a coffee at Heritage Coffeehouse, then continue along South Franklin to browse through your choice of bookstores: Hearthside, Rainy Retreat Books and the Observatory Bookstore are all located within a block or two.

Follow Seward Street north to Fourth Street and turn left, walking past the marble columns of the State Capitol to the small city museum at 114 W. Fourth St. After boning up on local history, dash across the street to the massive State Office Building. Admire the *Old Witch* totem in the atrium, then take the elevator to the eighth floor to see the old organ as you walk past a rooftop view of the city.

When you're hungry, go back down the hill to the blue Merchant's Wharf building, where the expansive windows at the Hangar on the Wharf restaurant afford a view of the water. From there, catch a cab or shuttle to the Mendenhall Glacier and admire it from the visitors center. On the way back, stop at Glacier Gardens, where you can explore the outdoors from the shelter of covered golf carts. Or go underground to get out of the rain by exploring the tunnels on the Alaska Gastineau Mill and A-J Mine Tour.

Finish the evening with the Alaskan kitsch of the Red Dog Saloon on South Franklin Street or in the equally historic Alaskan Bar.

DINING

Dining Overview

Seafood is the specialty of most restaurants, but the city also has a surprising array of different cuisines. A salmon bake is an experience every visitor should have, so make reservations in advance.

If you like beer, ask for an Alaskan Amber, Stout, IPA, White or Pale Ale. They're brewed year-round by Juneau's award-winning Alaska Brewing Co. along with seasonal summer and winter ales.

For a snack while you're shopping downtown, be sure to sample some fudge from the Alaskan Fudge Co. To warm up on a drizzly day, savor a huge cup of coffee or hot chocolate and a cookie from Heritage Coffeehouse.

When several cruise ships are in town during the summer, or if there's a major event, it's best to make reservations. This is generally not necessary during the rest of the year.

Expect to pay within these guidelines for a meal for one, not including drinks, tax or tip: \$ = less than US\$20; \$\$ = US\$25-\$35; \$\$\$ = US\$36-\$50; and \$\$\$\$ = more than US\$50.

Hangar on the Wharf

You can watch floatplanes take off and land while you eat at this waterfront restaurant at Merchants Wharf, an old converted airplane hangar built on pilings overlooking Gastineau Channel's busy floatplane dock and home to several restaurants and shops. Try the halibut tacos, hot ciabatta sandwiches, grilled chicken or blackened salmon Caesar salad, and crab legs. Be sure to sample a local Alaskan Brewing Co.

Merchants Wharf, 2 Marine Way, No. 106

Juneau, Alaska 99801

Phone: 907-586-5018

<http://www.hangaronthewharf.com>

microbrew. Daily 11 am-10 pm. \$-\$\$\$. Most major credit cards. Merchants Wharf, 2 Marine Way, No. 106, Juneau. Phone 907-586-5018. <http://www.hangaronthewharf.com>.

Salt

The Juneau-bred chef draws from Le Cordon Bleu training and an Asian heritage to create delicious dishes using local produce and game. Monday-Friday 11 am-10 pm, Saturday and Sunday 4-10 pm. \$\$\$-\$\$\$\$. 200 Seward St., Juneau. Phone 907-780-2221. <http://www.saltalaska.com>.

Sandpiper Cafe

This is an airy, casual restaurant. Breakfast favorites include sourdough ricotta pancakes, Mandarin-orange French toast and smoked salmon omelettes. For lunch, go wild with wild-game buffalo burgers, or the filling meatloaf sandwiches. Also popular are the citrus chicken salad with chili-lime dressing and chicken cashew salad. Espresso gets raves there. No alcohol. Daily for breakfast and lunch year-round. \$-\$\$. Most major credit cards. 429 W. Willoughby Ave., Juneau. Phone 907-586-3150.

The Rookery Cafe

It's a coffee shop at first glance, but this cafe is also a local favorite for lunch and dinner. Order up the mile-high crab BLT for a filling meal, or pick from an inspired menu of daily soups and sandwiches. At dinner, sip well-priced wines by the glass and sample the coffee-marinated duck with poached pears, or Alaskan scallops with ginger vinaigrette. Monday-Friday 7 am-4:30 pm, Saturday 9 am-4:30 pm, Sunday 9 am-2 pm. \$-\$\$\$. Most major credit cards. 111 Seward St., Juneau. Phone 907-463-3013. <http://www.therookerycafe.com>.

Asian

Canton House

Authentic Chinese and Thai cuisine in a beautiful, spacious restaurant with lots of windows. Favorites are salt-and-pepper calamari, Mongolian beef, lo mein and the combination lunch specials. Daily 11 am-9 pm. Reservations recommended. \$-\$\$. Most major credit cards. 8585 Old Dairy Road, Suite 105 (at the corner of Egan Drive and Glacier Highway, across from Nugget Mall), Juneau. Phone 907-789-5075. <https://www.cantonasianbistrojuneau.com>.

Saffron

Indian comfort food in a colorful setting for those needing a little spice. Enjoy fragrant tikka masala, fresh chutney and the lassi-of-the-day. Monday-Friday for lunch and dinner, Saturday and Sunday for dinner only. \$\$. 112 N. Franklin St., Juneau. Phone 907-586-1036.

Seong's Sushi Bar

This small, popular sushi bar serves fish as fresh as it can be (try the Taku roll), along with Chinese food. Monday-Friday for lunch and dinner, Saturday for dinner only. \$-\$\$. Most major credit cards. 740 W. Ninth St. (across from the Federal Building), Juneau. Phone 907-586-4778.

Pizzeria Roma

A huge mural of the Juneau waterfront and historic Alaska Coastal

200 Seward St.
Juneau, Alaska 99801
Phone: 907-780-2221
<http://www.saltalaska.com>

429 W. Willoughby Ave.
Juneau, Alaska
Phone: 907-586-3150

111 Seward St.
Juneau, Alaska 99801
Phone: 907-463-3013
<http://www.therookerycafe.com>

8585 Old Dairy Road, Suite 105
Juneau, Alaska 99801
Phone: 907-789-5075
<https://www.cantonasianbistrojuneau.co>

112 N. Franklin St.
Juneau, Alaska
Phone: 907-586-1036

740 W. Ninth St.
Juneau, Alaska
Phone: 907-586-4778

Merchants Wharf, 2 Marine Way No.

Hangar decorates this cozy Marine Wharf restaurant. Try the chipotle barbecue and Guido's combo pizzas, or the delicious Roma salad. Among the favorites are the lasagna, focaccia sandwiches and freshly baked tiramisu. Daily for lunch and dinner. \$\$\$. Most major credit cards. Merchants Wharf, 2 Marine Way No. 104, Juneau. Phone 907-463-5020. <http://pizzeriaroma.hangaronthewharf.com>.

El Sombrero

This popular Juneau eatery in the heart of downtown since 1979 features combination platters and Mexican munchies with an Alaskan twist, such as halibut fajitas. On a sunny day, ask to sit on the second-story patio to enjoy a view of bustling Franklin Street. Monday-Saturday for lunch and dinner. \$-\$\$\$. Most major credit cards. 157 S. Franklin St., Juneau. Phone 907-586-6770. <http://elsombrerojuneau.com>.

Cafes & Tearooms

Capital Cafe

Located in the Baranof Hotel, this cafe features halibut-and-chips, clam chowder, salads and traditional breakfast fare. Daily for breakfast and lunch. \$-\$\$\$. Most major credit cards. 127 N. Franklin St., Juneau. Phone 907-586-2660. <http://www.westmarkhotels.com/juneau-food.php>.

Pie in the Sky Bakery and Cafe

This small cafe is just a hole in the wall next to a community gallery. But out of the small service window come Juneau's tastiest desserts—chocolate cupcakes, buttery cookies, gluten-free brownies and rhubarb bread pudding. And that's not mentioning the pies, which come in many varieties, from bourbon-pecan to berry and pumpkin. When the next-door gallery is open, you can munch on your dessert surrounded by local artworks. \$. 223 Seward St., Juneau. Phone 907-523-9135. <http://www.pieintheskybakeryandcafe.com>.

Vintage Fare Cafe

"Vintage" aprons and kitchen tools decorate this popular cozy cafe at Nugget Mall in the valley, where the locals go. Smoothies, croissants, bagels and breakfast wraps laden with hash browns, cheese and scrambled eggs are popular fare for breakfast, and there's a full espresso bar. For lunch, try the freshly baked quiches, house-made soups, and an assortment of wraps and sandwiches. The homemade Alaska-sized cookies, brownies, muffins and breads are warm and tempting. There's usually a sample on the counter, and Wi-Fi is available. Year-round Monday-Saturday for breakfast, lunch and dinner; Sunday for brunch and early dinner. \$-\$\$\$. Most major credit cards. 8745 Glacier Highway (in the Nugget Mall), Juneau. Phone 907-789-1865.

Heritage Coffee Co.

This local espresso chain has seven locations throughout Juneau, including coffee bars and kiosks, as well as the Heritage Glacier Cafe in the Mendenhall Mall shopping area (phone 907-789-0692). Its slogan is "The cup that tamed the last frontier." \$. 174 S. Franklin St., Juneau. Phone 907-586-1087. Toll-free 800-478-5282. <http://www.heritagecoffee.com>.

104

Juneau, Alaska 99801

Phone: 907-463-5020

<http://pizzeriaroma.hangaronthewharf.cc>

157 S. Franklin St.

Juneau, Alaska 99801

Phone: 907-586-6770

<http://elsombrerojuneau.com>

127 N. Franklin St.

Juneau, Alaska 99801-1280

Phone: 907-586-2660

<http://www.westmarkhotels.com/juneau-food.php>

223 Seward St.

Juneau, Alaska

Phone: 907-523-9135

<http://www.pieintheskybakeryandcafe.co>

8745 Glacier Highway

Juneau, Alaska

Phone: 907-789-1865

174 S. Franklin St.

Juneau, Alaska

Phone: 907-586-1087

<http://www.heritagecoffee.com>

Merchants Wharf is the place to go for a late-night snack. The Hangar on the Wharf serves food in the bar. Pizzeria Roma stays open until 10 pm.

Pel Meni

Serving only Russian dumplings filled with either meat or potatoes, Pel Meni offers a quick, inexpensive and satisfying late-night snack, popular with the younger crowd. Monday-Friday 11:30 am-1:30 am, Saturday and Sunday 11:30 am-3:30 am. \$. Merchant's Wharf, 2 Marine Way, Juneau. Phone 907-586-0177.

Merchant's Wharf, 2 Marine Way
Juneau, Alaska

Phone: 907-586-0177

T.K. Maguire's

Seafood—especially the captain's plate and king crab—along with steaks, prime rib, pastas and Alaska-sized salads are the specialties of this longtime Juneau restaurant. Early mining photos decorate the walls. Sunday-Thursday 7 am-9 pm, Friday and Saturday 7 am-10 pm. \$\$\$\$. Most major credit cards. 375 Whittier St. (in the Prospector Hotel across from the boat harbors on Gastineau Channel), Juneau. Phone 907-586-3711. <http://www.tkmaguires.com>.

375 Whittier St.

Juneau, Alaska 99801

Phone: 907-586-3711

<http://www.tkmaguires.com>

Tracy's King Crab Shack

This is the place to eat perfect king-crab legs in view of the cruise ships and waterfront. Seated in a small patio area, diners tuck into the rich crab bisque (it's award-winning and you can buy it by mail-order), or plates of spiny king-crab legs. Order sweet Dungeness crab if it's fresh and local. There's a covered area for rainy days, plus beer and wine. Daily 10:30 am-8:30 pm. \$\$-\$\$\$\$. Most major credit cards. 432 S. Franklin St., Juneau. Phone 907-723-1811. <http://www.kingcrabshack.com>.

432 S. Franklin St.

Juneau, Alaska 99801

Phone: 907-723-1811

<http://www.kingcrabshack.com>

Twisted Fish Co. Alaskan Grill

Wild Alaska seafood (the halibut with berry chutney, cedar-plank salmon and king crab are house specialties) served with an excellent waterfront view. Try the First Mate plate sampler for a taste of the area's best seafood. The restaurant also has great pasta, salads, buffalo burgers and steaks. May-September for lunch and dinner. Reservations recommended. \$\$-\$\$\$\$. Most major credit cards. 550 S. Franklin St., Juneau. Phone 907-463-5033. <http://www.twistedfishcompany.com>.

550 S. Franklin St.

Juneau, Alaska 99801

Phone: 907-463-5033

<http://www.twistedfishcompany.com>

SECURITY

Personal Safety

Crime isn't a significant problem in Juneau. Most incidents reported to the police involve shoplifting or burglary from an unlocked home or vehicle. Violent crimes generally occur between people who know each other, and most often occur in the evening after some drinking. The busiest day for the police department is 4 July, when the whole town is in holiday mode. Use common sense and be aware of your surroundings.

Accidental injury is the third largest cause of death in Alaska, mostly because of high-risk activities including boating and mountaineering. When heading outdoors on an adventure, use sensible precautions including wearing a life-jacket around water, carrying an emergency medical kit and dressing appropriately for the weather. The cool, damp climate of southeast Alaska makes hypothermia a risk even on mild days. Wear layers of clothing made to stay warm when wet, such as polypropylene and wool. Avoid jeans and other cotton clothing, which dry slowly and are chilly when wet.

Mosquitoes and other nibblers aren't nearly as bad as in other parts of Alaska but can be a nuisance when you're out hiking or fishing near the woods around dusk—don't venture out of town without a good insect repellent.

Always be aware of the possibility of encountering a bear. If you do, don't approach it and try to avoid quick actions that may alarm it. Inquire locally for details on recent bear activity and advice on how to behave around the animals. Forest-service rangers offer bear-viewing advice at the Mendenhall Glacier Visitor Center and at the U.S. Forest Service Tongass National Forest, Juneau Ranger District. Phone 907-586-8800. <http://www.fs.usda.gov/tongass>.

For non-emergencies, go to Juneau Urgent & Family Care, a walk-in clinic open seven days a week. 8505 Old Dairy Road. Phone 907-790-4111. <http://www.juneauurgentcare.com>.

Bartlett Regional Hospital is located 4 mi/6 km north of downtown at 3260 Hospital Drive. Phone 907-796-8900. <http://www.bartlettshospital.org>.

Most of Juneau is wheelchair-accessible, and most shops and downtown hotels are at ground level. Several buses with Capital Transit have wheelchair lifts. The Juneau International Airport and the Alaska Marine Highway ferries are accessible.

Care-a-Van, located at 1805 Glacier Highway, operates an accessible van for locals. With 24-hour notice, drivers will assist visitors when the schedule allows. Phone 907-463-6194. <http://www.ccsjuneau.org/63,careavantransportation>.

Alaska Accessible Travel is a nonprofit program providing information and assistance for visitors with mobility, hearing or visual impairments. This program can provide sign language interpreters, volunteer shopping and hiking companions, specialized equipment and suggest suitable itineraries. Phone 907-321-3154 or email tourism@sailinc.org. This program is part of the Southeast Alaska Independent Living (SAIL) and Outdoor Recreation and Community Access (ORCA) at 3225 Hospital Drive. Phone 907-586-4920. Toll-free 800-478-7245. <http://www.sailinc.org>.

South East Alaska Medical Suppliers rents manual and power wheelchairs starting at about US\$61 plus deposit for one to seven days, or for US\$90 per month. It also has respiratory equipment and other supplies. 5636 Glacier Highway, Suite 200 (in the Lemon Creek area), Juneau. Phone 907-586-6880. <http://www.sealaskamedsupply.com>.

Do dress casually—and in layers. Be sure to take along comfortable walking shoes and a raincoat.

Don't make insulting comments about ravens or eagles—they're important mythological figures to Alaska Natives.

Do be very careful with trash, which will attract bears. Dispose of it in the latched trash cans you'll find around town, but don't deposit mail in those cans (they resemble mailboxes).

Don't be surprised to see people dressed in rubber boots, even in fine restaurants.

Don't hike alone. And do always tell someone where you're going and when you expect to return.

FACTS

Geostats

Passport/Visa Requirements: All U.S. citizens must have a passport when traveling by air to or from Bermuda, Canada, the Caribbean, Central and South America and Mexico. Citizens of Canada, Mexico and the British Overseas Territory of Bermuda also must have a passport or other designated secure document to enter the U.S.

Passports are required for land crossings at the Canadian and Mexican borders with the U.S. and for cruise passengers returning to the U.S. from Mexico, the Caribbean, Canada or Bermuda. Reconfirm travel-document requirements with your carrier prior to departure.

Population: 32,660.

Time Zone: 9 hours behind Greenwich Mean Time (-9 GMT). Daylight Saving Time is observed from the second Sunday in March to the first Sunday in November.

Voltage Requirements: 110 volts.

Telephone Codes: 907, area code for all of Alaska;

Currency Exchange

U.S. cash and credit or debit cards are accepted throughout Juneau. Several banks have ATMs and offices near the cruise docks, including Alaska Pacific Bank, First Bank, KeyBank and Wells Fargo Bank. Banks are generally open Monday-Friday 10 am-5 pm.

In the city and borough of Juneau, there is a 5% sales tax. There is no state sales tax. The hotel occupancy tax rate is 7%.

Tip 10%-20% in restaurants, depending on the level of service. The same rule of thumb works for tour guides and taxi drivers. A few dollars to hotel staff should suffice, unless they go above and beyond their duties for you, or if you've stayed in a particular place for longer than a few days.

Weather

Temperatures in Juneau are typically mild, with an average of 55 F/12 C. The warmest months are June-August; June sees 18 hours of daylight. Daytime temperatures range 45 F/7 C to 75 F/24 C—and sometimes even warmer. Winter temperatures range in the 20s-30s F/-5 to 0 C and seldom dip further than that. Juneau is in a temperate rain forest, so you can expect rain—usually mist—any time of the year and about 280 overcast days annually. Snow alternates with rain during the winter.

Hypothermia is a threat any time of the year, so dress in layers. It may be cool in the morning, but as the day goes on, you may want to take off a jacket or sweater. Also, pack a hat, waterproof shoes, a raincoat, umbrella and some light clothing. If you're hiking, take a hat and gloves—and a friend.

Juneau is casual, so you can attend the symphony in jeans and boots. Business wear can be a bit more formal, particularly if you are there to meet with government officials—take a suit to be on the safe side.

Telephone

Cell phone coverage is good in the most populous areas of Juneau. The mountainous terrain can make service spotty if you go off the road or hike into the hills. Check with your cell phone provider about roaming charges.

Wi-Fi is available at a variety of locations, including the downtown and valley locations of Heritage Coffeehouse, Silverbow Cafe, University of Alaska Southeast library, Auke Bay Harbor and at Southeast Waffle Co. in Auke Bay. For a listing of Wi-Fi hot spots, see <http://www.superpages.com/cities/mtg/wifi/ak/juneau>.

Juneau Public Library

Wi-Fi is available at the downtown and valley libraries. Computers are also available for use. Monday-Thursday 11 am-8 pm, Friday 1-5 pm, Saturday and Sunday noon-5 pm. 292 Marine Way, Juneau. Phone 907-586-5249. <http://www.juneau.org/library>.

292 Marine Way
Juneau, Alaska 99801
Phone: 907-586-5249
<http://www.juneau.org/library>

Kindred Post, the U.S. Post Office closest to the cruise ship docks, is more than a place to mail letters and packages—it's also an art gallery and shop featuring local jewelry, bags and photos. 145 S. Franklin St., open 8:30 am-4:30 pm daily, phone 907-586-8335.

Another nearby post office is in the Federal Building, northwest of the cruise dock at 709 W. Ninth St. Open Monday-Friday 9 am-5 pm, phone 907-586-7987.

Closer to the airport is the Mendenhall Post Office, which also has a self-service kiosk available 24 hours. 9491 Vintage Boulevard.

Priority and Express Mail take longer than in the lower 48 states.

Warning: Don't put your mail in the bear-proof garbage containers—they look like mailboxes.

If you want to send fish home, it's best to go through a local processor. Jerry's Meats and Seafoods freezes and ships smoked seafood, your catch or theirs. 5165 Glacier Highway, open daily 7 am-5 pm, phone 877-789-0789.

The Juneau Empire provides local, national and international news six days a week. The arts and entertainment section comes out on Thursday. <http://www.juneauempire.com>.

The *Empire* also prints *Capital City Weekly*, a free weekly paper listing events throughout Southeast Alaska. <http://www.capitalcityweekly.com>.

National newspapers can be purchased at Hearthside Bookstore or can be read at the library.

Transportation

Juneau International Airport (JNU) is about 8 mi/13 km northwest of downtown. A cab ride to or from the city runs US\$20-\$25. The small, two-story airport is easy to navigate. The airport has free Wi-Fi. Fishermen bringing home fresh catch can use the refrigerated storage on the main level at the Alaska Seaplane desk for US\$5 a day. Phone 907-789-7821. <http://www.juneau.org/airport>.

Consider renting a car in Juneau. It's an inexpensive way to take in what the area has to offer, particularly if there are several people in your group. Make reservations well in advance to ensure that a car will be waiting for you. Most of the major U.S. rental car agencies have offices in Juneau and at the airport. Expect to pay a minimum of US\$65 a day for a midsize vehicle late May through mid-September. The driving age in Alaska is 16, but most rental agencies will only rent to people age 25 or older. While there are no laws regulating talking on a cell phone while driving, it is illegal to text. Children younger than 4 must be in a car seat.

Downtown can be easily explored on foot. Capital Transit public buses also circle the city and valley areas on the half-hour generally 7 am-11 pm. (The buses don't serve the ferry terminal.) Fares are US\$2 adults; local seniors, disabled people and children younger than 5 ride free. Taxis are plentiful, particularly around the airport and cruise terminals, and most drivers offer guided tours. An hour-long tour costs about US\$70 for a group of up to seven people.

Ferries traveling the Inside Passage stop at Auke Bay, 13 mi/21 km northwest of Juneau. For Alaska Marine Highway ferry information and reservations, check at the cruise dock visitor information center. Phone 907-465-3941. Toll-free 800-642-0066 (Monday-Friday 7 am-5 pm). Or, phone the Auke Bay Ferry terminal at 907-465-3940. <http://www.ferryalaska.com>.

Recommended Guidebooks

The Alaska Inside Passage Wildlife Viewing Guide by Riley Woodford (Alaska Department of Fish and Game).

The Milepost (Morris Communications). Published annually, it has accurate directions of Alaska and Canada along the Alaska Highway and beyond.

Ninety Short Walks Around Juneau by Mary Lou King (Taku Conservation Society).

The Nature of Southeast Alaska: A Guide to Plants, Animals and Habitats by Rita O'Clair (Alaska Northwest Books).

Juneau Convention & Visitors Bureau

The main visitors center is at 800 Glacier Ave. During the summer there is also a visitors center at the cruise ship dock. Daily. 800 Glacier Ave., Suite 201, Juneau. Phone 907-586-2201. Toll-free 888-581-2201. <http://www.traveljuneau.com>.

800 Glacier Ave., Suite 201
Juneau, Alaska 99801
Phone: 907-586-2201
<http://www.traveljuneau.com>

EVENTS

Calendar

Juneau's large arts and entertainment community ensures there's always something happening. In the summer there are regular outdoor music concerts, markets and food trucks in the open lot next to the Juneau Arts and Culture Center at 350 Whittier St. In winter most arts move indoors. The Juneau Arts and Humanities Council keeps a complete calendar of community events, large and small. <http://www.jahc.org/community-calendar>.

Just as cabin fever sets in around February, Juneau crafters design gowns and present a fashion show using "found" materials—the Wearable Art show. Everything from wood to salmon skins is fair game. <http://www.jahc.org>.

The weeklong Alaska Folk Festival in early April includes performances, workshops and dances by entertainers from Alaska and the Pacific Northwest, all of which are free. <http://akfolkfest.org>.

The Juneau Jazz and Classics festival in early to mid-May also attracts artists and musicians from the local area and the Pacific Northwest. <http://www.jazzandclassics.org>.

The Spring King Salmon Derby also takes place in May. <http://www.springkingderby.org>.

The biennial Celebration Native Cultural Conference occurs in early June in even-numbered years with dances, crafts and performances (<http://www.sealaskaheritage.org>). During Gold Rush Days in late June, miners and loggers compete to climb poles, throw axes and play tug-of-war, along with other activities.

The town's Fourth of July celebration begins at midnight on 3 July with a fireworks presentation downtown over Gastineau Channel. Parades and sandcastle-building contests are held on the Fourth of July. The Frank Maier Marathon & Douglas Island Half Marathon take place in late July. In fact, there are runs all year long, including the Mount Roberts Tram Run, Midsummer Night Run, Aukeman Sprint Triathlon, and Nifty 50 race, among others.

The Golden North Salmon Derby takes place in mid-August, with anglers competing for prizes in this annual fish-off. <http://www.goldennorthsalmonderby.org>.

Alaska crafts from statewide artists are available during Juneau's Public Market in late November. The year ends with Gallery Walk in early December, a weekend of food and art. <http://www.jahc.org>.

For more information about upcoming events in Juneau, contact the Juneau Convention & Visitors Bureau (phone 907-586-2201; toll-free 888-581-2201; <http://www.traveljuneau.com>) or the Juneau Arts and Humanities Council. Phone 907-586-2787. <http://www.jahc.org>.